

Roots & Fruits

Growing in the depth and breadth of our Catholic faith



Please join us!

Wednesday, February 29

7:00 – 8:30 PM

St. Theresa's Catholic Church
Federal Way, WA

For free childcare, please call the parish office at 253-838-5924 (children under 10).

Donations welcome, to support
Faith Formation programs

Sacramental Living

'Sacramental living' simply means the living out of a normal Catholic spiritual life; a life within the Church in which the Christian fulfills his or her vocation. Those who live the sacramental life remain connected to the True Vine (John 15:4-5) by being connected to the sacraments he gave us.

During our time together, we will explore how we live a sacramental life.

Presented by Deacon Juan F. Lezcano, OFS

For more information and a schedule of events, visit www.sttheresafw.org or call the parish office at 253-838-5924.

Roots & Fruits

People who attended a previous session of Roots & Fruits had this to say about how the session affected their faith or connection to the Church:

“...brings me more hope that Christ is in our lives every day.”

“It's encouraged me to want to pray more.”

“I feel more informed and closer to Christ.”

“It really makes me stop and think...wish the whole parish could have heard it!”

Planning ahead...

Save the date!	Presentation and Discussion
Wednesday, March 14 (after the Soup Supper)	Wellness and Spirituality A frank discussion on whole person wellness based on spiritual health.
Wednesday, March 28 (after the Soup Supper)	Saints Alive! – St. Patrick and many others A discussion of the saints and their modern relevance. Presented by Kevin King

Please note that Roots & Fruits sessions during Lent will follow the Soup Supper on Wednesdays, not the Fish Fry on Fridays.

For more information and a schedule of events, visit www.sttheresafw.org or call the parish office at 253-838-5924.